

**Sarah Eisinger, LMFT**  
**185 Center St.**  
**Wallingford, Connecticut 06492**  
**203-415-3144**

### **Information for Clients**

Welcome to my practice. I appreciate you giving me the opportunity to be of help to you. Please read the following and ask me any questions that this may generate for you.

### **Confidentiality**

Your confidentiality is protected under state law and the ethics of my profession. The information you and/or your family share with me is important and I treat it with great care. The following are the most common cases in which confidentiality is not protected:

1. If you make a serious threat to harm yourself or another person, the law requires me to try to protect you or that other person. This usually means telling the police and the threatened person.
2. Under Connecticut General Statutes regarding child and/or elder abuse or neglect I am legally required to report *suspected* child and/or elder abuse and/or neglect to the authorities.
3. If you consent to release and/or receive information all adults in treatment must sign a release in order for records to be shared.

### **Consultations**

If you and/or your family would benefit from a treatment I cannot provide, I will help you get it. You have a right to ask me about other treatments, their risks, and their benefits. Based on what I learn about you, I may recommend a medical exam to rule out physical ailments or an evaluation for medication. If I do this, I will fully discuss my reasons, so that you can make an informed decision. If you are treated by another professional, I will coordinate my services with them and your medical doctor. If for some reason treatment is not going well, I may refer you to another therapist or professional. I cannot continue to treat you and/or your family if my treatment is not working. If you wish for another professional's opinion, I will help you find a qualified person and will provide him or her with the information needed.

### **Appointments**

An appointment is a commitment to our work. If you are late, we will probably be unable to meet for the full time, because it is likely that another session will be scheduled after yours. Therapy sessions are scheduled on the hour or half-hour and last for 45-50 minutes. A full 24 hours is required to cancel an appointment or you will be charged my full fee for the missed appointment.

**Payment**

Payment is requested at the time services are rendered. As therapy sessions can be emotional and unbalancing at times, I have found that payment and scheduling is best done at the beginning of sessions as to not break the focus of your treatment.

**Emergencies**

If you or your family has an emergency or crisis during business hours call me 203-415-3144 will make every effort to contact you immediately. If you have an emergency or crisis after office hours or are unable to reach me please contact INFOLINE at 211 for assistance. *If you are in imminent danger DIAL 911 for immediate assistance.*

**Electronic Communication**

Please know that email and text messaging is not always a secure way to communicate. Email or texting is best for appointment changes only. I can make no guarantee of confidentiality via electronic communication. If you need immediate assistance please call me at 203-415-3144. *Please do not email me.*

In case of an emergency please provide a contact person:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

I have read and agree to all the above information. A copy of this has been provided to me.

Signature of Client (s) \_\_\_\_\_ Date \_\_\_\_\_

Sarah Eisinger, LMFT \_\_\_\_\_ Date \_\_\_\_\_